

# Determination of Glucose and Cholesterol Using a Novel Optimized Luminol- CuO Nanoparticles- $H_2O_2$ Chemiluminescence Method by Box–Behnken Design

Mohammad Javad Chaichi<sup>1</sup> · Mahjoobeh Ehsani<sup>1</sup>

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**Abstract** In this study, a simple, rapid and sensitive luminol-CuO nanoparticles- $H_2O_2$  chemiluminescence (CL) method has been proposed for determination of glucose and cholesterol in plasma. Response surface methodology (RSM) based on Box–Behnken design (BBD) was used to optimize the most important operating variables (solution pH effect and the CL reagents concentration) of luminol CL system. In optimum conditions, it was found that CuO nanoparticles (NPs) could enhance the CL intensity and the method sensitivity towards evaluation of trace amount of glucose and cholesterol. Under the optimal conditions, there is a good linear relationship between the luminol-CuO NPs -  $H_2O_2$  relative CL intensity and the concentration over the range of  $1.2 \times 10^{-6}$ – $1.0 \times 10^{-3}$  M ( $R^2=0.9991$ ) for glucose and  $2.5 \times 10^{-5}$ –CuO NPs  $7.17 \times 10^{-3}$  M ( $R^2=0.9968$ ) for cholesterol and with a  $3\sigma$  detection limit of  $7.1 \times 10^{-7}$  and  $6.4 \times 10^{-6}$  M, respectively. The relative standard deviations (RSD) $<3.3\%$  were obtained.

**Keywords** Luminol chemiluminescence · Box-Behnken design · Glucose · Cholesterol · CuO nanoparticles

## Introduction

Chemiluminescence (CL), which is the phenomenon observed when the vibronically excited product of an exoergic chemical reaction relaxes to its ground state with emission of photons, can be defined in simplistic terms: chemical reactions that emit

light [1, 2]. CL detection has many advantages, such as high sensitivity, wide calibration range, relatively simple and inexpensive instrument, rapidity in signal detection (normally 0.1–10 s) and suitable for automation [3, 4]. But the CL emission generated during oxidation of organic molecules is of relatively low intensity due to low quantum yield [5–7]. Since the CL phenomenon of luminol was first reported by Albrecht in 1928 [8], investigation of effective catalysts for such CL reactions has been carried out, including metal ions, metal complex, and enzymes. The catalyzed luminol chemiluminescent reaction has received a great amount of attention because of its high sensitivity and low background signal which make the reaction as an attractive analytical chemistry tool in various fields, such as biotechnology, food analysis, environmental analysis, pharmaceutical analysis and clinical assay [9–11]. Metal nanoparticles (NPs) because of their unique redox catalytic, optical, electronic, chemical and mechanical properties have gained increasing attention in recent years [12, 13]. Also, nanoparticles as a novel alternative to catalyze redox CL reactions, under proper conditions, can provide amplified CL emission for the ultrasensitive detection of biological species [12–15]. Copper oxide (CuO) is a p-type semiconducting compound with a monoclinic structure and a narrow (1.2–1.8 eV) band gap. It is used in various technological applications such as high critical temperature superconductors, gas sensors, in photoconductive, photocatalytic or photovoltaic applications, and so on. Furthermore, CuO NPs possess an almost unchanged catalytic activity over a wide range of pH and temperatures and exhibited significant peroxidase-like activity [16–18]. Quantitative determination of glucose and cholesterol is very important in biochemistry, clinical chemistry, food processing and fermentation [19–24]. The clinical conditions of diabetes mellitus are well known and understood, yet remain a growing concern as the prevalence of the disease increases worldwide at an alarming rate [19–22]. Cholesterol is the main sterol component in body

✉ Mohammad Javad Chaichi  
jchaichi@yahoo.com

<sup>1</sup> Faculty of Chemistry, University of Mazandaran, Babolsar, IR, Iran

tissues occurring mainly in the brain and spinal cord. This important biomolecule maintains membrane fluidity and acts as a precursor in the production of Vitamin D and hormones [23–26]. Increased plasma levels are associated with atherosclerosis, nephritis, diabetes mellitus and obstruction jaundice [23–26]. To date, the most common glucose and cholesterol determination methods are based on the electrochemical or spectrophotometrical detection of hydrogen peroxide liberated in enzymatic reaction. Enzymatic method yields maximum specificity for glucose and cholesterol estimation [19, 24]. However, these both methods are subject to several interferences including reducing substances such as bilirubin, ascorbic acid, uric acid, and drug metabolites [27, 28]. Other disadvantage of these methods is lack of sensitivity. These problems seriously limit their application in complex matrix such as physiological samples containing low content of glucose, cholesterol and high amounts of interferences. Glucose in presence of oxygen react with glucose oxidase and produce D-gluconic acid and hydrogen peroxide ( $\text{H}_2\text{O}_2$ ) [29]. Cholesterol esters in serum are hydrolyzed by cholesterol esterase (CHE). The free cholesterol produced is oxidized by cholesterol oxidase (CHO) to cholest-4-en-3-one with the simultaneous production of  $\text{H}_2\text{O}_2$ , which oxidatively couples with 4-aminoantipyrine and phenol in the presence of peroxidase to yield a chromophore can be measured spectrophotometrically at 540/600 nm as an increase in absorbance [30]. The coupling of the nanocatalyzed luminol CL reaction with enzymatic reactions can significantly increase both the sensitivity and selectivity of the glucose determination methods, thus providing the basis for development of a number of sensitive methods of analysis [12]. Similar to all analytical methods, the factors involving CL measurements are not commonly independent. Multivariate experimental design techniques, which allow the simultaneous optimization of several variables, are faster to implement and more cost-effective than traditional univariate (one at a time) approaches [31]. In this study we proposed a simple and fast CL method for the determination of glucose and cholesterol in plasma in the presence of CuO NPs as an effective catalyst. The optimization of effective factors on the CL intensity has been carried out by using Box-Behnken design [32].

## Experimental

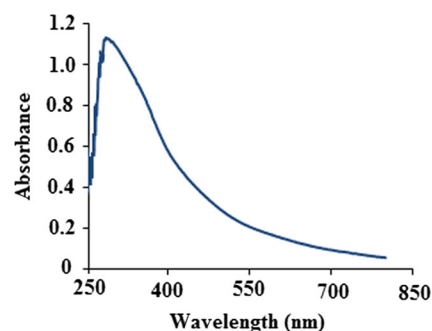
### Reagents and Materials

All the solutions were prepared using reagent grade chemicals and deionized–distilled water was used throughout. Cupric acetate monohydrate, sodium hydroxide, glucose, cholesterol and 30% (v/v)  $\text{H}_2\text{O}_2$  were supplied from Merck chemical company. A 0.01 M stock solution of luminol (Sigma) was prepared by dissolving 0.1772 g in 0.01 M sodium hydroxide solutions. Working solution of luminol was prepared by

diluting the stock solution with 0.1 M phosphate buffer solution to adjust the pH in the various ranges. A stock solution of  $\text{H}_2\text{O}_2$  was prepared by appropriate dilution of 30% solution with water. Glucose oxidase (GOx), cholesterol oxidase (CHO) and cholesterol esterase (CHE) were purchased from Zist-chimi. Stock standard solutions  $10^{-2}$  M of glucose and cholesterol (Amresco, Solon, Ohio) were prepared and the standard solutions were prepared by proper dilution of the stock. The phosphate buffer was prepared by mixing the appropriate amount of  $\text{Na}_2\text{HPO}_4$  (0.1 M) and  $\text{NaH}_2\text{PO}_4$  (0.1 M) in water.

### Synthesis of Cupric Oxide Nanoparticles

The cupric oxide nanoparticles were prepared via quick-precipitation method [33]. Briefly, 150 mL of 0.02 M copper acetate aqueous solution was mixed with 0.5 ml glacial acetic acid in a round-bottomed flask equipped with a refluxing device. The solution was heated up to 80 °C with vigorous stirring. Then 10 mL of 0.04 g  $\text{mL}^{-1}$  NaOH aqueous solution was (rapidly added into) gradually dropped into the above boiling solution under magnetic stirring until the mixture's pH reached the value of 6.0–7.5, where a great quantity of black precipitate was simultaneously produced. The precipitate was centrifuged, washed several times with absolute ethanol and deionizer water, and dried in air at room temperature. Then, powders were annealed for 1 h at temperature of 400 °C, to obtain the highly crystalline CuO NPs. The morphology and size distribution of the synthesized CuO nanoparticles were characterized by using Fourier Transform Infrared Spectroscopy (FT-IR) and X-ray diffraction (XRD). The as-prepared CuO nanoparticles, even without any surface modification, can well disperse in distilled water to form a transparent brown solution. The study shown that the UV–Vis absorption spectrum of the solution remains unchanged even after 6 months, which plays an important role in our later experiments in chemiluminescence system (Fig. 1).



**Fig. 1** UV–vis spectrum of colloidal CuO nanoparticles

**Table 1** The chosen levels and codes of variables for Box- Behnken design

Variable	Symbol	Low (-1)	Middle(0)	High(+1)
Luminol concentration(M)	X <sub>1</sub>	5 × 10 <sup>-5</sup>	10 <sup>-4</sup>	5 × 10 <sup>-4</sup>
pH	X <sub>2</sub>	6	7	8
H <sub>2</sub> O <sub>2</sub> concentration (M)	X <sub>3</sub>	10 <sup>-4</sup>	5 × 10 <sup>-4</sup>	10 <sup>-3</sup>

**Apparatus and Software**

The chemiluminescence (CL) signal was monitored using a Sirius Single Tube Luminometer (Berthold, Germany). CL intensity was recorded as a function of time and the time resolution of the apparatus was 1 s. Absorption spectra were recorded using UV–Vis spectrophotometer (Cecil, CE5501). An x-ray diffraction (XRD) pattern was performed using PHILIPS Xpert pro diffractometer with Cu Kα radiation (λ 1.54 Å). Scanning electron microscopic (SEM) images were observed under CAMScan-MV2300 instrument (England). A model 710 Metrohm pH meter was used to carry out the pH measurements. Also, 15 experimental runs (formulation combinations) for optimization of factor levels, was generated and analyzed using Minitab 16 software.

**Experimental Design and Statistical Analysis**

Based on the results of single-factor experiments a 3-level, 3-factor Box-Behnken design requiring 15 experiments was performed for optimization of chemiluminescence conditions such as pH and concentrations of luminol and hydrogen

peroxide to acquire the maximum intensity. Table 1 represents the levels of each factor. The experimental data in terms of CL intensity are recorded in Table 2. Experimental design and statistical analysis of the results were performed by Minitab statistical Software. All experiments were repeated three times.

**General Procedure for CL Detection**

The chemiluminescence measurements were carried out by a SiriuStube luminometer (Berthold detection system, Germany) with a photomultiplier (PMT) tube detector. Solution (I) was made with mixing 200 μL of luminol (various pH in 0.1 M phosphate buffer) at particular concentrations, 30 μL of colloidal CuO NPs (0.2 mgL<sup>-1</sup>). Solution (II) was made by mixing 250 μL of glucose or cholesterol (various concentration in 0.1 M phosphate buffer) and 250 μL of glucose oxidase 250UdL<sup>-1</sup> or (cholesterol esterase and cholesterol oxidase mixture solution) in 0.1 M phosphate buffer (10<sup>-3</sup> M) in a dark glass cell. After 20 min solution (I) was transferred into glass cell and then 200 μL of solution (II) was injected in the glass cell using polypropene syringes, chemiluminescence spectrum was recorded soon after mixing the solutions.

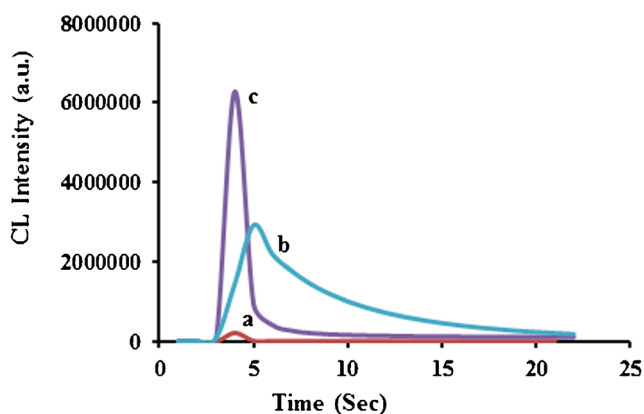
**Result and discussion**

**Enhancement of Luminol CL**

The effects of cupric oxide nanoparticles-H<sub>2</sub>O<sub>2</sub> chemiluminescent system were investigated. As shown in

**Table 2** Design matrix and corresponding response variable (CL intensity) for the Box-Behnken design

Run	Factors			Experimental CL intensity	Estimate CL intensity	Residual	SE
	[Luminol] X <sub>1</sub>	pH X <sub>2</sub>	[H <sub>2</sub> O <sub>2</sub> ] X <sub>3</sub>				
1	0	0	0	332.00	322.437	9.5633	6.49816
2	0	-1	1	298.00	301.857	-3.8575	9.74725
3	-1	-1	0	5.84	-4.988	10.8275	9.74725
4	1	0	1	680.00	675.310	4.6900	9.74725
5	0	1	-1	405.41	401.552	3.8575	9.74725
6	1	0	-1	433.30	426.330	6.9700	9.74725
7	-1	0	-1	14.50	19.190	-4.6900	9.74725
8	1	1	0	740.00	750.828	-10.8275	9.74725
9	-1	0	1	308.00	314.970	-6.9700	9.74725
10	0	1	1	675.23	669.093	6.1375	9.74725
11	-1	1	0	340.00	339.167	-0.8325	9.74725
12	0	-1	-1	18.50	24.637	-6.1375	9.74725
13	1	-1	0	350.00	350.833	-0.8325	9.74725
14	0	0	0	315.00	322.437	-7.4367	6.49816
15	0	0	0	320.31	322.437	-2.1267	6.49816

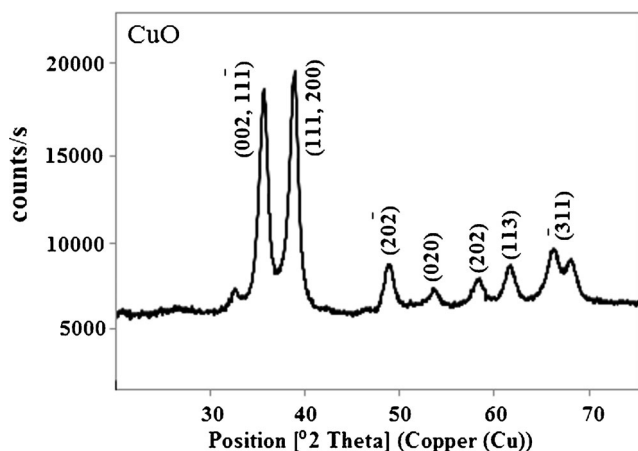


**Fig. 2** Time course of the kinetic profiles of the luminol–H<sub>2</sub>O<sub>2</sub> CL reaction: **a** without CuO nanoparticles, **b** with the nanoparticles at pH 10, **c** with the nanoparticles at pH 7

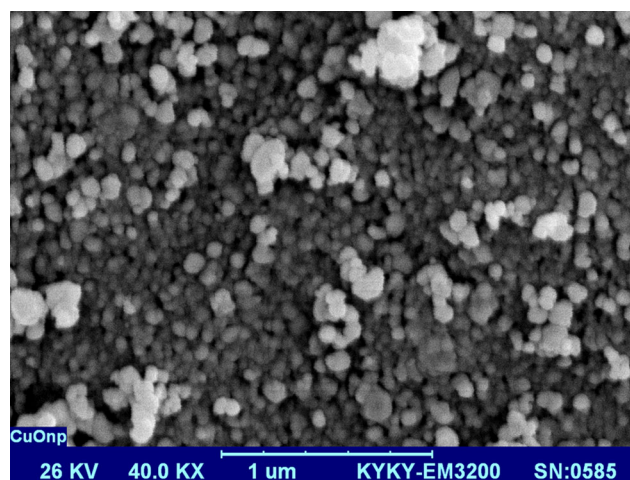
Fig. 2, the kinetic curve shows that the oxidation of luminol by H<sub>2</sub>O<sub>2</sub> generates weak CL in alkaline media. In presence of cupric oxide nanoparticles, the CL signal intensity could be greatly enhanced up to about, 28 folds. Because our main goal was study and using the proposed chemiluminescence method in biological condition (pH=7), we considered the catalytic effect of CuO nanoparticles on the luminol- H<sub>2</sub>O<sub>2</sub> system at pH 7. The results show that CuO nanoparticles enhance the luminol- H<sub>2</sub>O<sub>2</sub> chemiluminescence intensity up to about, 13 folds (Fig. 2). Fig. 2 indicates the chemiluminescence emission intensity as a function of time for the luminol–H<sub>2</sub>O<sub>2</sub> CL system: (a) without CuO nanoparticles, (b) with CuO nanoparticles at pH 10 and (c) with CuO nanoparticles at pH 7.

### Characterization of CuO Nanoparticles

The compositions of precipitated fine particles were characterized by XRD and SEM for structural determination and estimation of crystallite size. The XRD pattern of the synthesized CuO nanoparticles was shown in Fig. 3. The



**Fig. 3** XRD pattern of CuO nanoparticles



**Fig. 4** SEM image of prepared CuO nanoparticles

structural peaks of CuO nanoparticles are observed. XRD patterns (Fig. 3) of the products obtained are identical to the single-phase CuO and the diffraction data were in good agreement with JCPDS card of CuO (JCPDS 80–1268). Also no peaks of impurity were observed in the XRD patterns. The broad peaks indicate the small size of the products. Actually, the average size (*D*) of the CuO nanoparticles can be calculated according to Scherrer's equation [34]:

$$D = k(\lambda/\beta\cos\theta) \quad (1)$$

where *k* is a constant (shape factor, about 0.89),  $\lambda$  is the X-ray wavelength (0.15418 nm),  $\beta$  is the full-width at half-maximum (FWHM) value of the strongest reflection of the (111) peak, and  $\theta$  is the diffraction angle. Based on the Scherrer's equation, the average size of CuO nanoparticles was estimated to be 19.6 approximately. The structures of the samples were examined by a SEM image. Figure 4 shows the SEM image of prepared CuO NPs. It is observed that the CuO NPs are synthesized in spherical

**Table 3** Test of significance for regression coefficients

Coefficient	Coefficient Value	Standard error	Significance level (p)
$\beta_0$	322.437	6.468	0.000
$\beta_1$	191.870	3.961	0.000
$\beta_2$	186.038	3.961	0.000
$\beta_3$	136.190	3.961	0.000
$\beta_{11}$	23.094	5.830	0.011
$\beta_{22}$	13.429	5.830	0.070
$\beta_{33}$	13.419	5.830	0.071
$\beta_{12}$	13.960	5.602	0.056
$\beta_{13}$	−11.700	5.602	0.092
$\beta_{23}$	−2.420	5.602	0.685

**Table 4** Analysis of variance table (ANOVA) of BBD design for CL intensity

Source	DF	Sum of square	Mean square	F-ratio	p- value Prob>F
Regression	9	724035	80437	*635.06	0.000
Residual error	5	633	126		
Lack-of-Fit (LOF)	3	482	161	2.12	0.336
Pure error	2	151	73		
Total	14	724638			

$R^2 = 0.9991$ ,  $R^2$  (adj)=0.9976,  $F_{0.01}(9, 5)=10.15$ ,  $F_{0.01}(3, 2)=99.17$ ; \*Significant at 1% level

shape and uniform structure, relatively. However, some aggregated particles can be observed in the images because of aggregation during separation and drying. For sample the size of the particles observed in the SEM picture is within the range of 24.2–33.2 nm.

**Optimization of Experimental Conditions**

The optimum conditions for maximizing the CL emission intensity were determined by means of a Box–Behnken experimental design combining with response surface modeling (RSM) and quadratic programming. RSM is a statistical and graphical technique for developing, improving and optimizing process which can overcome the following disadvantages: the classical one-factor-one-time design method in a time-consuming process; unrealistic number of experiments and difficulties in determination of optimal conditions. Box-Behnken design is an especially efficient response surface method for obtaining mathematical models [35]. The number of experiments (N) required for BBD development is defined as:

$$N = 2K(K-1) + C_0 \tag{2}$$

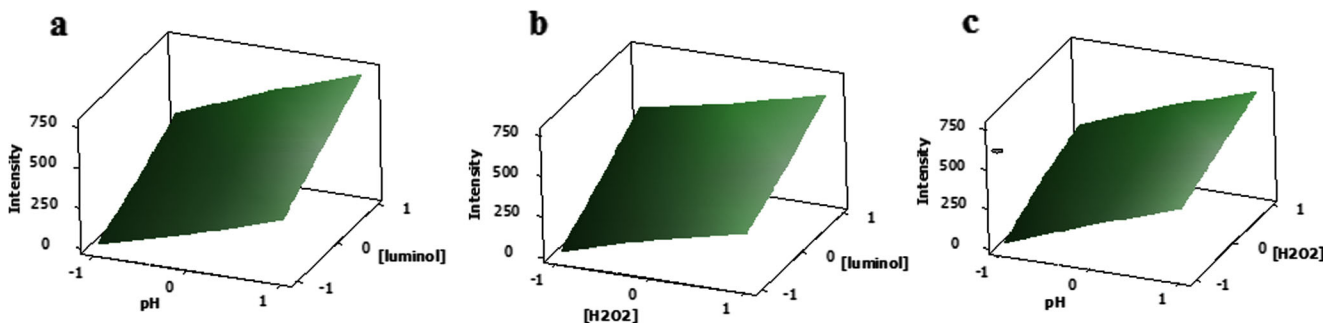
Where K is the number of factors and  $C_0$  is the number of central points [36]. In this study, the most important factors that found from preliminary experiments are  $H_2O_2$  concentration, luminol concentration and pH. These three

significant factors are used to determine the optimal conditions and examined in more detail using response surface designs. The Box–Behnken design has 15 experimental runs with three runs at the center point (Table 2). The experimental data was fitted into a second-order equation and the quadratic equation model is as the following:

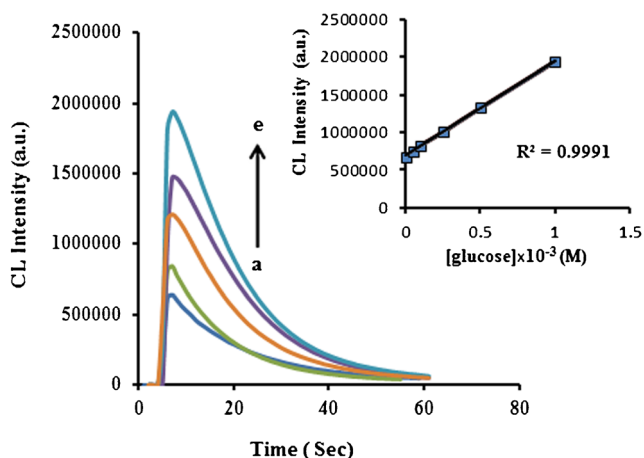
$$Y = \beta_0 + \sum_{i=1}^k \beta_i x_i + \sum_{i=1}^k \beta_{ii} x_i^2 + \sum_{i=1}^k \sum_{j=1}^k \beta_{ij} x_i x_j + \varepsilon \tag{3}$$

where Y is the output or the CL emission intensity of luminol- CuO NPs-  $H_2O_2$  system (dependent variable), k is the number of the patterns, i and j are the index numbers for pattern,  $\beta_0$  is the free or offset term called intercept term,  $x_1, x_2, \dots, x_k$  are the coded independent variables,  $\beta_i$  is the first-order (linear) main effect,  $\beta_{ii}$  is the quadratic (squared) effect,  $\beta_{ij}$  is the interaction effect, and  $\varepsilon$  is the random error or allows for discrepancies or uncertainties between predicted and measured values [37].

In order to evaluate the effects of luminol concentration ( $x_1$ ), reaction pH ( $x_2$ ) and  $H_2O_2$  concentration ( $x_3$ ) on chemiluminescence intensity, a 3-factor and 3-level Box-Behnken design with three center point and response surface methodology were applied to investigate the effects of factors, the optimum levels of these variables and their relationships. Table 1 shows the levels of the independent factors and experimental designs as coded (0, 1, and -1)



**Fig. 5** Diagrams a, b and c show the response surface plots for the three independent effective variables and CL intensity of the luminol-CuO NPs-  $H_2O_2$  system as a dependent variable



**Fig. 6** Chemiluminescence emission intensity as a function of time for the luminol-CuO NPs-  $\text{H}_2\text{O}_2$  system with constant concentration of luminol ( $1.0 \times 10^{-4}$  M), buffer phosphat (0.1 M), CuO NPs ( $0.2 \text{ mgL}^{-1}$ ), GOx enzyme ( $250 \text{ UdL}^{-1}$ ), and varying concentrations of glucose: **a**  $1.2 \times 10^{-6}$ , **b**  $5.0 \times 10^{-6}$ , **c**  $5.0 \times 10^{-5}$ , **d**  $5.0 \times 10^{-4}$ , **e**  $1 \times 10^{-3}$  M. Inset: The correlation diagram for the chemiluminescence emission with glucose concentrations

and uncoded (actual value). A total of 15 experiments were required for the optimization process. The design matrix and the responses are illustrated in Table 2. The experiments were run in random manner to overcome the effects of uncontrolled factors. The Minitab software was used to analyze the experimental results. By apply regression analysis a quadratic polynomial equation was established to explain the relationship between the CL intensity and independent variables as follows:

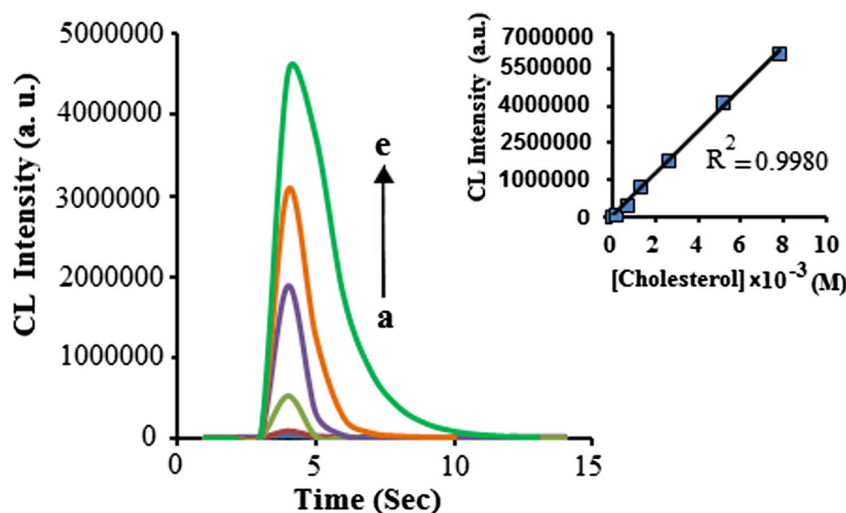
$$Y = 323.103 + 191.870X_1 + 186.038X_2 + 136.190X_3 \quad (4)$$

$$+ 22.761X_1^2 - 13.096X_2^2 - 13.086X_3^2 - 13.096X_1X_2$$

$$- 11.700X_1X_3 - 2.420 X_2X_3$$

Where Y is the CL emission intensity of luminol- CuO NPs-  $\text{H}_2\text{O}_2$  system. The analysis of variance (ANOVA) was

**Fig. 7** Chemiluminescence emission intensity as a function of time for the luminol-CuO NPs-  $\text{H}_2\text{O}_2$  system with constant concentration of luminol ( $1.0 \times 10^{-4}$  M), buffer phosphat (0.1 M), CuO NPs ( $0.2 \text{ mgL}^{-1}$ ), CHE and CHO enzymes mixture ( $250 \text{ UdL}^{-1}$ ), and varying concentrations of cholesterol: **a**  $2.5 \times 10^{-5}$ , **b**  $1.3 \times 10^{-4}$ , **c**  $6.5 \times 10^{-4}$ , **d**  $1.3 \times 10^{-3}$ , **e**  $7.7 \times 10^{-3}$  M. Inset: The correlation diagram for the chemiluminescence emission with cholesterol concentrations



done to test the significance of the model as given in Table 3. As shown in Table 3, this quadratic polynomial model was highly significant and sufficient to represent the actual relationship between the response and the three parameters with a very low p-value (0.0001) while the lack of the fitted value of the model was 0.336 ( $P > 0.01$ , not significant) (Table 4).

The coefficient of determination ( $R^2$ ) value was 0.9991. This result revealed that model could explain 99.91% of the variability in the response. Therefore, this model was adequate to predict the CL intensity results within the range of the variables employed. Both of the values indicated that the regression model was valid for the present study. In this study, in order to achieve a better understanding of the effects of the independent variables and their interactions on CL emission intensity, 3D response surface plots for the measured responses were generated based on the model equation (Eq. 4). As the regression model has three independent variables, one variable was kept at constant at the center level for each plot, thus, a total three response 3D plots were formed for responses. Figure 5 shows the 3D response surfaces as the functions of two variables at the center level of other variables. By solving the Eq. 3 and also by analyzing three-dimensional response surface (Fig. 5), the following optimum values of these significant factors were obtained: a  $5.0 \times 10^{-4}$  M luminol concentration,  $1.0 \times 10^{-3}$  M  $\text{H}_2\text{O}_2$  concentration, a  $0.2 \text{ mg/L}$

CuO NPs concentration and a 8 pH value. In the optimum condition the highest CL emission intensity was achieved and corresponding to Fig. 5, all of the independent variables have the most positive effect on the CL intensity at their highest levels.

#### Application of the Proposed Method for Determination of Glucose and Cholesterol in Human Plasma Sample

In order to examine the applicability of the proposed method, we measured the analytes concentration in the real samples. Plasma

**Table 5** Analytical results of glucose and cholesterol in human serum and recovery test

Sample	Proposed method	Spectrophotometric method	Concentration of glucose added (mgdL <sup>-1</sup> )	Concentration of glucose found (mgdL <sup>-1</sup> )	Recovery (%)	RSD (n=5,%)
<b>Glucose</b>						
Serum 1	94.3±3.5	96.0	10	9.62	96.2	2.8
Serum 2	115.4±2.6	118.0	20	20.44	102.2	2.2
Serum 3	209±1.9	207.0	50	49.0	98.0	3.0
<b>Cholesterol</b>						
Serum 1	116.4	118	10	11.2	112.0	1.5
Serum 2	254.6	250	20	18.9	94.5	3.2
Serum 3	358.0	365	50	52.0	104.0	2.4

samples from different persons were supplied by the diagnostic laboratories (Ghaemshahr and Babolsar, Iran). Plasmas samples were analyzed with photometric kits (Pars Azmoon, Iran) in the laboratories. To examine the reliability of the method certain amounts of standard solution (glucose or cholesterol) was added to the sample solutions and analyzed according to the proposed method. The results show a good and acceptable linear relationship between the luminol-CuO NPs - H<sub>2</sub>O<sub>2</sub> relative CL intensity and the concentration in the range of  $1.2 \times 10^{-6}$ – $1.0 \times 10^{-3}$  M ( $R^2=0.9991$ ) for glucose and  $2.5 \times 10^{-5}$ – $7.17 \times 10^{-3}$  M ( $R^2=0.9968$ ) for cholesterol with a low detection limit of  $7.1 \times 10^{-7}$  and  $6.4 \times 10^{-6}$  M, respectively. Chemiluminescence emission intensity as a function of time for the proposed CL system with varying concentrations of glucose and cholesterol and the obtained calibration curves are shown in Figs. 6 and 7. Recovery of each measurement was calculated by comparing the results obtained before and after adding of standard solution and for these experiments the relative standard deviations (RSD) < 3.3% were obtained. The results have been listed in Table 5. As compared with other methods reported in the literatures for determination of glucose and cholesterol, the luminol- cupric oxide

nanoparticles- H<sub>2</sub>O<sub>2</sub>- chemiluminescence system exhibit good linear range and low detection limit. The comparative results are shown in Tables 6 and 7.

**Interference Study**

Glucose and cholesterol are two important components in biological and food samples. Some components of those samples that possibly interfered with glucose and cholesterol determination were tested. In order to study (consideration) of selectivity of the proposed analytical method glucose or cholesterol solution ( $10^{-5}$  M) was placed in the reaction cell and increasing amounts of different compounds were added into the solution. A material was considered not to interfere if it caused a relative error < 5% during the measurement of  $10^{-5}$  M analyte solution. It was found that the tolerable molar concentration ratios of foreign species to glucose were: 500 for lactose, fructose, bilirubin, tryptophane, Zn<sup>2+</sup>, SO<sub>4</sub><sup>2-</sup>, 200 for Fe<sup>2+</sup>, thiourea, phenylalanine, 100 for sucrose, urea, Ca<sup>2+</sup>, Mg<sup>2+</sup>, Cl<sup>-</sup>, NO<sub>3</sub><sup>-</sup> and to cholesterol were 1000 for glycine, Zn<sup>2+</sup>, 500 for vitamin C, vitamin B<sub>6</sub>, urea, tryptophane,

**Table 6** Comparison of the linear ranges and detection limits for glucose afforded by the proposed method and other reported methods

Method	Linear range(M)	LOD (M)	Ref.
Biosensor based on rhodamine derivative CL-system	$7.72 \times 10^{-6}$ – $2.54 \times 10^{-6}$	$8.0 \times 10^{-7}$	[42]
Immobilized GOX/CNT <sup>a</sup> /Gold NPs in nafion film- TCPO <sup>b</sup> -CL system	$2.25 \times 10^{-6}$ – $1.75 \times 10^{-4}$	$1.0 \times 10^{-6}$	[43]
Photopolymerized fluorescence sensor	$2.78 \times 10^{-4}$ – $5.56 \times 10^{-6}$	$0.89 \times 10^{-5}$	[44]
Cyclic-voltammetric - gold electrode	$1.2 \times 10^{-6}$ – $6.25 \times 10^{-3}$	$5.0 \times 10^{-7}$	[45]
Photoluminescent spectroscopy- CdTe/CdS quantum dots	$1.8 \times 10^{-6}$ – $1 \times 10^{-6}$	$1.8 \times 10^{-6}$	[46]
Chemiluminescence - gold NPs	$1.0 \times 10^{-5}$ – $1.0 \times 10^{-3}$	$5 \times 10^{-6}$	[47]
Colorimetric bioassay -gold glyconanoparticle	$2.77 \times 10^{-3}$ – $2.12 \times 10^{-2}$	$2.01 \times 10^{-3}$	[48]
Amperometric on a polycarbonate microfluidic chip	$5.0 \times 10^{-6}$ – $2.0 \times 10^{-3}$	$4.1 \times 10^{-6}$	[49]
Chemiluminescence - CuO NPs	$1.2 \times 10^{-6}$ – $1.0 \times 10^{-3}$	$7.1 \times 10^{-7}$	This work

<sup>a</sup> Carbon nano tubes

<sup>b</sup> Bis(2,4,6-trichlorophenyl) oxalate

**Table 7** Comparison of the linear ranges and detection limits for cholesterol afforded by the proposed method and other reported methods

Method	Linear range(M)	LOD (M)	Ref.
Electrochemical bienzyme membrane sensor	$9.0 \times 10^{-5}$ – $5.5 \times 10^{-2}$	$50 \times 10^{-6}$	[41]
Cyclic Voltammetry- MWCNTs <sup>a</sup> -MnO <sub>2</sub> Nanoparticles	$1.0 \times 10^{-9}$ – $1.0 \times 10^{-7}$	$0.3 \times 10^{-9}$	[50]
Amperometry- Pt-Incorporated Fullerene-like ZnO Nanospheres	$2.78 \times 10^{-3}$ – $1.22 \times 10^{-2}$	$0.5 \times 10^{-3}$	[51]
Electrochemical multienzymatic biosensor	$0.04 \times 10^{-3}$ – $0.27 \times 10^{-3}$		[52]
HPLC–UV <sup>b</sup>	$9.25 \times 10^{-6}$ – $9.25 \times 10^{-4}$		[53]
Electropolymerized Enzyme Immobilization–Carbon Nanotube Electrode	$2.58 \times 10^{-3}$ – $1.55 \times 10^{-2}$		[54]
Luminol electrogenerated chemiluminescence–Gold nanoparticles	$3.3 \times 10^{-5}$ – $1.0 \times 10^{-3}$	$1.1 \times 10^{-6}$	[55]
Chemiluminescence - CuO nanoparticle	$2.5 \times 10^{-5}$ – $7.17 \times 10^{-3}$	$6.4 \times 10^{-6}$	This work

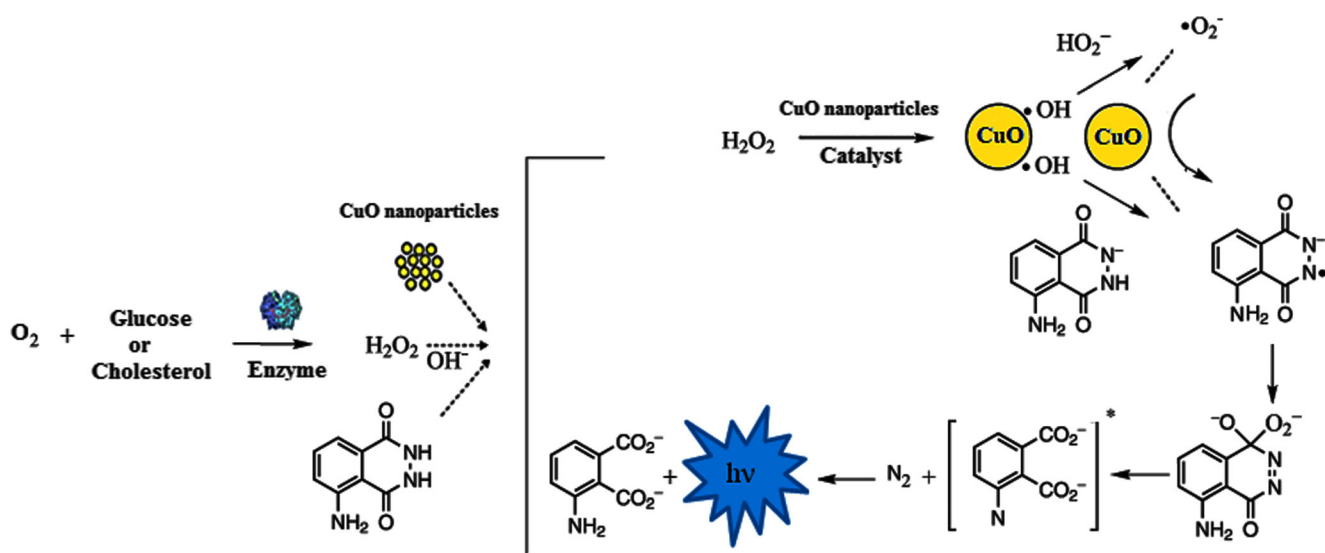
<sup>a</sup> Multi-walled carbon nano tubes<sup>b</sup> High performance liquid chromatography- ultraviolet visible spectroscopy

billirubine, 200 for Ca<sup>2+</sup>, 100 for Cu<sup>2+</sup> and 20 for Fe<sup>2+</sup>. As it can be seen, the selectivity of the method is high.

### CL Mechanism

One of the most remarkable features of metal NPs is their ability to catalyze various redox reactions taking advantage of their unique chemical and electrochemical properties. The catalytic activity of metal NPs of the on the gas-phase and liquid-phase redox CL reactions has been established and has become an expanding field of research [12, 38]. The major CL-generating mechanism for luminol oxidation in aqueous solution has been studied and reported previously [39, 40]. We have discussed already, in the introduction section, about enzymatic reaction of glucose and cholesterol. The

produced hydrogen peroxide in the result of these selective reactions can be detected in very sensitive chemiluminescence system. Because the reaction of luminol with hydrogen peroxide in alkaline solution in the absence of a catalyst, is relatively slow, leading to relatively weak CL intensity. Therefore, it is assumed that the enhanced CL by catalyst nanoparticles may be ascribed to their interaction with the reactants or the intermediates of the reaction of luminol with hydrogen peroxide. CuO nanoparticles due to their surface properties (large surface area) could absorb CL reactants, as a result, their reactivity and CL intensity at the time increased. Recently, it was proposed that CuO nanoparticles could efficiently catalyze the H<sub>2</sub>O<sub>2</sub> decomposition the decomposition and the formation of some reactive intermediates such as hydroxyl radical (OH<sup>•</sup>), superoxide anion radical (O<sup>2•-</sup>) [38, 41]. So, in the

**Scheme 1** The possible mechanism for the luminol- CuO nanoparticles-H<sub>2</sub>O<sub>2</sub> system



luminol- CuO NPs- H<sub>2</sub>O<sub>2</sub> system, the enhancement of the CL intensity can be attributed to the formation of superoxide anion radical, which further reacted with luminol anion radical under electron-transfer processes on the surface of CuO nanoparticles to produce the key intermediate (the excited-state 3-aminophthalate anion) that is a light emitter at 425 nm. Scheme 1 shows the possible CL mechanism of the luminol-CuO NPs- H<sub>2</sub>O<sub>2</sub> system.

## Conclusion

In summary, in this study we have found that cupric oxide nanoparticles could enhance the luminol-H<sub>2</sub>O<sub>2</sub> CL signals greatly up to 28 folds. The enhancement of CL was suggested to attribute to the peroxidase-like activity of CuO nanoparticles as a nanocatalyst, which effectively catalyzed the decomposition of hydrogen peroxide into hydroxyl and superoxide radicals. The proposed CL system under the optimal conditions has good linearity, high sensitivity and precision and the method has been successfully applied to the determination glucose and cholesterol in biologic sample at pH 7. Compared with the previous methods [41–55], the proposed method provided a good limit of detection and a relatively wide linear working range. Therefore, when the luminol nanocatalytic oxidation reaction by CuO NPs was coupled with the catalytic oxidation reaction by enzyme, a simple, low-cost and very sensitive CL glucose and cholesterol biosensing system was constructed.

**Compliance with Ethical Standards** This work is a part of the Ph.D thesis of Miss Mahjoobeh Ehsani. The work was down in the analytical labs of Chemistry Department in University of Mazandaran. The manuscript has not been submitted to any other journals. Also the manuscript has not been published previously (partly or in full).

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